

17. Willicher Triathlon
 Volkstriathlon (500 m / 20 km / 5 km)
 Frauen / Männer

Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
1.	1.	269	Imhoff	Sven	Tri Team MAXMO LGM	79	30	1.	00:07:18	00:29:16	00:16:50	00:53:24
2.	2.	288	Dr. Longrée	Sebastian	SVD Tria Essen	75	35	1.	00:06:39	00:31:24	00:17:26	00:55:29
3.	3.	392	Fraussen	Noel	t.v.stein	65	45	1.	00:07:54	00:31:25	00:17:55	00:57:14
4.	4.	419	Röpstorf	Uwe	SC Bayer 05 Uerdingen	63	50	1.	00:08:19	00:30:39	00:18:21	00:57:19
5.	5.	391	Wachter	Erik	TG Neuss	65	45	2.	00:06:27	00:32:52	00:18:32	00:57:51
6.	6.	471	Laermann	Ralf	Mönchengladbacher TV	58	55	1.	00:08:04	00:31:47	00:18:04	00:57:55
7.	7.	356	Karrenberg	Michael	TG Neuss	68	45	3.	00:07:51	00:31:39	00:18:27	00:57:57
8.	8.	293	Kremers	Sascha	TriTeam Maxmo LGM	74	35	2.	00:07:55	00:30:23	00:19:47	00:58:05
9.	9.	241	Zywietz	Eike	200PRO	82	30	2.	00:07:04	00:32:24	00:18:38	00:58:06
10.	10.	219	Runkel	Sebastian	DLC Aachen	86	25	1.	00:07:21	00:32:13	00:19:02	00:58:36
11.	11.	398	stüllgens	kai uwe	kkk	65	45	4.	00:00:00	00:40:16	00:18:45	00:59:01
12.	12.	207	Kagermeier	Lukas	Styrumer TV	93	20	1.	00:08:44	00:33:36	00:17:12	00:59:32
13.	13.	260	Bosshammer	Michael	TK Grevenbroich	84	25	2.	00:07:52	00:00:00	00:51:50	00:59:42
14.	14.	195	Oppermann	Marc	TriTeam Freie Schwimmer (Düsse)	79	30	3.	00:07:48	00:32:47	00:19:35	01:00:10
15.	15.	257	Behle	Björn	SV Horst 1919 e.V.	80	30	4.	00:07:37	00:32:57	00:19:37	01:00:11
16.	16.	278	Merelles	Fernando	M.Gladbacher TV 1847 e.V.	77	35	3.	00:07:47	00:32:54	00:19:57	01:00:38
17.	1.	146	Maschke	Franzi	EJOT-Team TV Buschütten	87	25	1.	00:06:11	00:34:35	00:19:53	01:00:39
18.	17.	432	Tenten	Arnold	Krefelder Kanu Klub	63	50	2.	00:07:35	00:32:51	00:20:19	01:00:45
19.	18.	211	Goldmann	Florian		89	20	2.	00:08:22	00:32:50	00:19:50	01:01:02
20.	19.	292	Krüger	Dirk	M.Gladbacher TV1848	74	35	4.	00:08:22	00:32:50	00:19:57	01:01:09
21.	20.	421	Fraussen	Jean-Pierre	t.v.stein	63	50	3.	00:08:41	00:32:46	00:20:02	01:01:29
21.	20.	362	Schrand	Andre	Tri-Sport-Team-TV Verl	68	45	5.	00:07:38	00:34:28	00:19:23	01:01:29
23.	22.	203	Selter	Benjamin	TV Attendorn TRI-TIME	96	Jugend A	1.	00:08:09	00:34:50	00:18:34	01:01:33
24.	23.	259	Steinbach	Norman	TG Neuss	80	30	5.	00:07:59	00:32:58	00:20:46	01:01:43
25.	24.	370	Sander	Hartmut	DJK JS Herzogenrath	67	45	6.	00:08:48	00:34:33	00:18:40	01:02:01
26.	25.	279	Faßbender	Maik	ASV Süchteln	77	35	5.	00:08:01	00:33:08	00:21:12	01:02:21

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27.	26.	413	Marcus	Holger	TRlandertaler Mettmann	64	45	7.	00:08:17	00:34:07	00:20:22	01:02:46
28.	27.	474	Bonin	Uwe	TG Neuss	57	55	2.	00:08:05	00:35:17	00:19:26	01:02:48
29.	28.	192	Trispel	Holger	TV 1848 Mönchengladbach	72	40	1.	00:09:05	00:37:53	00:16:05	01:03:03
30.	29.	243	Kolter	Dominik	Kugelblizze	82	30	6.	00:08:45	00:34:57	00:19:25	01:03:07
31.	30.	202	Gerhardt	Nils	Vorwärts Köln	96	Jugend A	2.	00:00:00	00:42:56	00:20:13	01:03:09
32.	31.	361	Knauff	Matthias	RWE Starlight Team Essen	68	45	8.	00:08:40	00:35:05	00:19:26	01:03:11
33.	32.	422	Kortekamp	Jörg	SC Bayer 05 Uerdingen	63	50	4.	00:08:57	00:32:55	00:21:48	01:03:40
34.	2.	127	Kahl	Miriam	SSF Bonn Triathlon	82	30	1.	00:06:51	00:35:44	00:21:08	01:03:43
35.	33.	324	Rothe	Markus	SV 13 Gladbeck	70	40	2.	00:06:39	00:35:22	00:21:44	01:03:45
36.	34.	338	Hansen	Jörg	ASC-Rosellen/Neuss	69	40	3.	00:08:43	00:35:59	00:19:09	01:03:51
37.	35.	462	Sobetzko	Martin	TV Frisch auf Lennep	58	55	3.	00:12:06	00:00:00	00:51:48	01:03:54
38.	36.	448	von Danwitz	Ulrich		61	50	5.	00:09:52	00:34:58	00:19:13	01:04:03
39.	37.	301	Gerke	Lothar	TK Grevenbroich	63	50	6.	00:08:18	00:33:06	00:22:43	01:04:07
40.	38.	348	Brouwer	Jörg	TriFun Hennesee	68	45	9.	00:08:55	00:00:00	00:55:28	01:04:23
41.	39.	457	Katzenberger	Bernd	Triclub Wuppertal	59	50	7.	00:08:56	00:33:08	00:22:27	01:04:31
42.	40.	280	Schroll	jurgen	TV Stein	77	35	6.	00:07:45	00:34:45	00:22:05	01:04:35
43.	3.	97	Grosch	Daphne	Dülkener SV	72	40	1.	00:08:21	00:34:25	00:21:51	01:04:37
44.	41.	303	Vohsen	Christian	LG Mönchengladbach	73	40	4.	00:10:29	00:33:45	00:20:24	01:04:38
45.	42.	352	Küppers	Herbert	DJK Gillrath	68	45	10.	00:09:20	00:34:16	00:21:11	01:04:47
45.	42.	429	Klose	Michael	BTG Burscheid	63	50	8.	00:08:52	00:35:05	00:20:50	01:04:47
47.	4.	108	Jütte	Svenja	TEAM PIRATE JULIACUM	76	35	1.	00:08:24	00:36:49	00:19:44	01:04:57
48.	44.	212	Nebe	Philipp		88	25	3.	00:06:50	00:37:22	00:20:52	01:05:04
49.	45.	180	Cürlis	Frank	Santander Team	65	45	11.	00:07:51	00:35:45	00:21:33	01:05:09
50.	46.	174	Aparicio	Guillermo	Santander Team	83	30	7.	00:09:25	00:37:03	00:18:48	01:05:16
51.	5.	107	Rodies	Lea	SC Bayer 05 Uerdingen	76	35	2.	00:07:09	00:35:53	00:22:20	01:05:22
52.	47.	229	Braun	Marius	Men on fire	85	25	4.	00:08:47	00:36:52	00:19:45	01:05:24

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53.	48.	213	Gummersbach	Markus	Sportlich Team Bornheim	88	25	5.	00:10:17	00:36:20	00:18:48	01:05:25
54.	49.	375	Laumen	Richard	Triathlon Waldfeucht e.V.	66	45	12.	00:08:17	00:35:23	00:21:53	01:05:33
55.	50.	342	Braun	Michael	die5Brauns	69	40	5.	00:00:00	00:44:44	00:20:50	01:05:34
56.	6.	104	Osterkamp	Andrea	Dülkener SV	75	35	3.	00:06:42	00:36:31	00:22:24	01:05:37
57.	7.	86	Hamacher	Silke	Triandertaler Mettmann Sport	68	45	1.	00:09:15	00:35:04	00:21:21	01:05:40
58.	51.	424	Rudloff	Karsten	RV Staubwolke 09 Fischeln	63	50	9.	00:08:37	00:33:50	00:23:31	01:05:58
59.	52.	416	Piepel	Klaus	Henkel Ausbildung	55	55	4.	00:12:09	00:33:54	00:20:04	01:06:07
60.	53.	284	Wind	Andreas	RWE Starlight Team Essen	76	35	7.	00:07:54	00:36:11	00:22:03	01:06:08
61.	8.	137	Leutgeb	Jenni	Hildener AT - tri	85	25	2.	00:07:42	00:36:16	00:22:13	01:06:11
62.	54.	343	Hinderlich	Hauke		69	40	6.	00:09:49	00:35:30	00:21:17	01:06:36
62.	54.	500	Pyzio	Adam	M.Gladbacher TV 1848 e.V.	56	55	5.	00:11:13	00:35:09	00:20:14	01:06:36
64.	56.	325	Schiffer	Frank	Osterather TV	70	40	7.	00:08:43	00:35:31	00:22:24	01:06:38
65.	9.	106	Ohling	Heike	Krefelder Kanu Klub	76	35	4.	00:06:51	00:37:37	00:22:15	01:06:43
66.	57.	334	von Borstel	Gregor	Alternative	70	40	8.	00:09:00	00:35:55	00:21:56	01:06:51
67.	58.	458	Schmitz	Rolf	DMSG	62	50	10.	00:00:00	00:44:16	00:22:45	01:07:01
67.	58.	399	Ehrlein	Torsten	TVK 1877 Essen	65	45	13.	00:08:43	00:35:38	00:22:40	01:07:01
69.	60.	240	Ruhle	Tobi	Hildener AT - tri	82	30	8.	00:08:49	00:37:39	00:20:44	01:07:12
70.	61.	315	Pinkowski	Frank		71	40	9.	00:09:12	00:36:50	00:21:12	01:07:14
70.	10.	131	Marschall	Ricarda	Tri Team FS Düsseldorf	84	25	3.	00:08:54	00:36:46	00:21:34	01:07:14
72.	62.	336	Bartos	Thomas		69	40	10.	00:09:01	00:35:49	00:22:29	01:07:19
73.	63.	406	Vermaeten	Uwe	Harry-Brot	64	45	14.	00:10:04	00:34:40	00:22:40	01:07:24
74.	64.	217	Kölzer	Ken		87	25	6.	00:10:01	00:35:43	00:21:42	01:07:26
75.	11.	158	Schmitz	Andrea	DMSG	67	45	2.	00:09:30	00:36:56	00:21:09	01:07:35
75.	65.	233	Laing	Sebastian		84	25	7.	00:09:33	00:38:31	00:19:31	01:07:35
77.	66.	355	Fleischer	Bernhard	FC Polvo	68	45	15.	00:10:08	00:36:00	00:21:37	01:07:45
78.	67.	308	Georges	Tino	ASV Duisburg	72	40	11.	00:09:54	00:34:37	00:23:22	01:07:53

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79.	68.	340	Mielke	Frank	Papagena	69	40	12.	00:11:01	00:34:11	00:22:46	01:07:58
80.	12.	151	Kerkmann	Kathrin	TG Neuss	89	20	1.	00:08:59	00:37:11	00:21:52	01:08:02
81.	69.	339	längen	uwe	grunewald united	69	40	13.	00:10:43	00:36:05	00:21:28	01:08:16
82.	70.	333	Thorwirth	Sven	Autonome Alternative	71	40	14.	00:10:38	00:36:27	00:21:12	01:08:17
83.	71.	349	Yildiz	Nedim	SC Bayer 05 Uerdingen	68	45	16.	00:10:48	00:35:56	00:21:38	01:08:22
84.	72.	327	Sudakewitsch	Kolja		75	35	8.	00:08:04	00:36:12	00:24:11	01:08:27
85.	73.	290	Kochanek	Christian		75	35	9.	00:12:01	00:35:56	00:20:31	01:08:28
86.	74.	304	Winkler	Frank		73	40	15.	00:10:13	00:36:45	00:21:36	01:08:34
87.	13.	140	Vieten	Mareike	LG Mönchengladbach	86	25	4.	00:08:13	00:38:35	00:21:53	01:08:41
88.	14.	138	Grüe	Anna	PSV Bonn Triathlon	85	25	5.	00:07:38	00:37:14	00:23:52	01:08:44
89.	75.	294	Knodel	patrick	ASV Süchteln	74	35	10.	00:07:14	00:37:26	00:24:08	01:08:48
89.	75.	307	Potdevin	André	Rapid Ramirez	72	40	16.	00:10:04	00:36:05	00:22:39	01:08:48
91.	77.	181	Klose	Klaus	Santander Team	65	45	17.	00:10:34	00:36:15	00:22:06	01:08:55
92.	78.	318	Kuhstoß	Christian	Flesche Roadrunners	71	40	17.	00:09:03	00:38:19	00:21:35	01:08:57
93.	79.	247	Jansen	Sebastian		81	30	9.	00:10:09	00:36:46	00:22:16	01:09:11
94.	15.	112	Lingen	Conny	ASV Süchteln	78	35	5.	00:07:12	00:38:10	00:23:53	01:09:15
95.	80.	484	Laacks	Theo	PSV Bork	52	60	1.	00:11:49	00:34:59	00:22:28	01:09:16
96.	81.	270	Keutz	Andreas	Tri Team FS Düsseldorf	79	30	10.	00:09:52	00:37:46	00:21:48	01:09:26
97.	16.	118	Pfitzner	Vera	TG Neuss	79	30	2.	00:08:40	00:39:46	00:21:07	01:09:33
97.	82.	255	Dalli	Deniz		80	30	11.	00:10:25	00:36:52	00:22:16	01:09:33
99.	83.	390	Kaufmann	Mario	TV Attendorn TRI-TIME	65	45	18.	00:08:39	00:36:09	00:24:46	01:09:34
100.	84.	286	Gora	Stefan	Grün-Weiß-Rot Schwimmverein Bü	76	35	11.	00:10:51	00:37:20	00:21:25	01:09:36
101.	85.	305	Waller	Matthäus	TV Attendorn TRI Time	72	40	18.	00:09:22	00:36:10	00:24:09	01:09:41
102.	86.	450	Patschäke	Holger	200PRO	61	50	11.	00:10:29	00:38:07	00:21:06	01:09:42
103.	87.	409	Gottschalk	Bernd	TVK 1877 Essen	68	45	19.	00:10:33	00:37:34	00:21:36	01:09:43
104.	88.	189	Schnepp	Klaus	Schneider Classic	67	45	20.	00:10:43	00:37:18	00:21:44	01:09:45

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105.	89.	396	Kohlhöfer	Udo	Krefelder Kanu Klub	65	45	21.	00:10:37	00:37:27	00:21:43	01:09:47
106.	90.	433	Philipp	Frank	TuS Drevenack	63	50	12.	00:09:01	00:38:39	00:22:10	01:09:50
107.	17.	75	Höller	Andrea	TSV Bayer 04 Leverkusen	67	45	3.	00:11:58	00:36:08	00:21:54	01:10:00
107.	17.	143	Drießen	Vanessa	Krefelder Kanu Klub	86	25	6.	00:07:49	00:38:00	00:24:11	01:10:00
109.	19.	196	Fischer	Yvonne	TV Attendorn TRI-TIME	96	Jugend A	1.	00:10:10	00:39:07	00:20:44	01:10:01
110.	91.	306	Walter	Wigbert		72	40	19.	00:09:33	00:39:08	00:21:23	01:10:04
111.	92.	171	Budde	Christian	NieBu-Tri-Team Bochum	69	40	20.	00:11:12	00:37:41	00:21:15	01:10:08
112.	93.	323	Sattler	Jens	SC Bayer 05 Uerdingen Tri	70	40	21.	00:10:18	00:36:53	00:23:05	01:10:16
112.	93.	412	Mintrop	Johannes	TVE Burgaltendorf	61	50	13.	00:10:09	00:38:03	00:22:04	01:10:16
114.	95.	382	Zinke	Boris		66	45	22.	00:10:02	00:36:59	00:23:18	01:10:19
114.	95.	309	Häußler	Quintus		78	35	12.	00:07:28	00:39:05	00:23:46	01:10:19
116.	97.	369	Siegler	Stephan		67	45	23.	00:08:08	00:39:13	00:22:59	01:10:20
117.	98.	198	Valdor	Markus	BSG Grünenthal	64	45	24.	00:10:16	00:36:02	00:24:04	01:10:22
118.	99.	404	Holtmeier	André	Rennmäuse Loch Nr. 22	64	45	25.	00:10:30	00:38:18	00:21:37	01:10:25
119.	100.	287	Scheufeld	Oliver	RSC Krähe Kornelimünster	76	35	13.	00:09:29	00:36:43	00:24:14	01:10:26
120.	101.	434	Meyer	Hans-Leo	DJK Gillrath	63	50	14.	00:09:57	00:35:05	00:25:31	01:10:33
121.	102.	177	Ohlig	Stephan	Santander Team	66	45	26.	00:09:58	00:36:57	00:23:45	01:10:40
122.	103.	414	Dornick	Jens	Boverter Bären	64	45	27.	00:10:37	00:00:00	01:00:31	01:11:08
123.	20.	200	Bartneck	Tina	Ssk Kerpen	75	35	6.	00:09:58	00:37:01	00:24:18	01:11:17
124.	104.	353	Maier	Christof		68	45	28.	00:08:20	00:40:11	00:22:54	01:11:25
124.	104.	423	Pietzsch	Hans-Ulrich		63	50	15.	00:10:36	00:39:13	00:21:36	01:11:25
126.	106.	440	Hardt	Stefan	MeteoViva	62	50	16.	00:08:50	00:38:21	00:24:20	01:11:31
127.	107.	494	Conrad	Jürgen	TSV Bayer Dormagen	46	65	1.	00:10:02	00:38:47	00:22:48	01:11:37
128.	108.	222	Gajewski	Merlin	SC Bayer 05 Uerdingen	86	25	8.	00:09:53	00:39:26	00:22:20	01:11:39
129.	109.	395	Reicharz	Frank6	Aquaworld Viersen Triteam	65	45	29.	00:11:33	00:37:38	00:22:33	01:11:44
130.	110.	379	Lachmann	Uwe		66	45	30.	00:12:52	00:36:36	00:22:19	01:11:47

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130.	21.	117	Kutsche	Kerstin	Tri Team FS Düsseldorf	82	30	3.	00:09:22	00:39:01	00:23:24	01:11:47
132.	111.	465	Pilz	Jürgen	TVG Buschhütten	58	55	6.	00:11:38	00:35:37	00:24:35	01:11:50
133.	22.	101	Braun	Ulrike	die5Brauns	74	35	7.	00:08:28	00:38:39	00:24:46	01:11:53
134.	112.	345	Klein	Michael	Baldeney-Lake-Racers	70	40	22.	00:10:10	00:39:26	00:22:18	01:11:54
135.	113.	354	Kersting	Udo	Die K&Ks	68	45	31.	00:10:05	00:38:58	00:22:58	01:12:01
136.	114.	426	Hüsken	Stephan	TVK 1877 Essen	63	50	17.	00:09:57	00:00:00	01:02:10	01:12:07
137.	23.	160	Stammeyer	Ute	Santander Team	67	45	4.	00:09:46	00:38:34	00:23:51	01:12:11
138.	115.	172	Steinmetz	Markus	Santander Team	87	25	9.	00:08:13	00:40:27	00:23:40	01:12:20
139.	116.	469	Odendahl	Ulrich		58	55	7.	00:11:57	00:38:50	00:21:40	01:12:27
140.	117.	245	Schepanowski	Thomas		82	30	12.	00:09:03	00:41:09	00:22:22	01:12:34
141.	118.	205	Schulte	Marc		93	20	3.	00:11:15	00:41:05	00:20:15	01:12:35
142.	119.	442	Schild	Stefan	ASV Süchteln	62	50	18.	00:10:16	00:37:10	00:25:12	01:12:38
143.	120.	170	Zimmer	Marc		78	35	14.	00:11:39	00:37:43	00:23:17	01:12:39
144.	121.	486	Laese	Christian	LKD Düsseldorf	51	60	2.	00:10:15	00:40:05	00:22:22	01:12:42
145.	122.	478	Godglück	Hans-Jürgen	SG Holzheim	53	60	3.	00:09:44	00:00:00	01:03:07	01:12:51
146.	24.	135	Winzen	Miriam		85	25	7.	00:08:54	00:39:33	00:24:26	01:12:53
146.	123.	296	van de Braak	Georg	SC Janus	74	35	15.	00:10:12	00:40:51	00:21:50	01:12:53
146.	123.	385	Weymann	Andreas		68	45	32.	00:10:43	00:38:48	00:23:22	01:12:53
149.	125.	374	Pagon	Duschan	TV Attendorn TRI-TIME	66	45	33.	00:08:30	00:38:06	00:26:19	01:12:55
150.	126.	364	Dwars	Thomas	Skinfit Team Krefeld	67	45	34.	00:10:21	00:38:16	00:24:27	01:13:04
151.	25.	119	Stumpe	Verena	DLC Aachen	79	30	4.	00:07:51	00:39:15	00:25:59	01:13:05
152.	127.	310	Kluge	Michael	Team Erdinger Alkoholfrei	72	40	23.	00:10:00	00:36:46	00:26:24	01:13:10
152.	127.	420	Behrens	Frank		63	50	19.	00:10:14	00:38:50	00:24:06	01:13:10
154.	26.	124	Kennerknecht	Nicole	LG Mönchengladbach 1979 e. V.	81	30	5.	00:08:31	00:40:33	00:24:07	01:13:11
155.	129.	194	Thamm	Thomas	A3K Berlin	65	45	35.	00:10:02	00:39:15	00:24:01	01:13:18
156.	130.	283	Reuter	Sven	Team Rollergang	77	35	16.	00:09:35	00:40:35	00:23:22	01:13:32

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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
157.	131.	430	Gilles	Ulrich	Werdener TB	63	50	20.	00:08:55	00:40:03	00:24:37	01:13:35
157.	131.	231	Hampe	Christian		84	25	10.	00:10:07	00:40:22	00:23:06	01:13:35
159.	27.	153	KUTZ	LEONIE		93	20	2.	00:09:34	00:41:11	00:22:59	01:13:44
160.	28.	103	Laprell	Martina	TV Erkelenz 1860 e.V.	74	35	8.	00:09:01	00:40:34	00:24:10	01:13:45
161.	133.	218	Gutsche	Christian	Triathlon Punkt	86	25	11.	00:09:17	00:42:39	00:21:51	01:13:47
162.	134.	456	Landtreter	Berthold	Team Erdinger Alkoholfrei	59	50	21.	00:13:06	00:40:52	00:19:50	01:13:48
163.	135.	238	Bulla	Peter		83	30	13.	00:10:12	00:39:58	00:23:39	01:13:49
164.	136.	330	Scheferling	Björn	RFK Nürnberg	70	40	24.	00:10:02	00:39:59	00:23:53	01:13:54
165.	137.	378	Keller	Ansgar		66	45	36.	00:10:57	00:40:02	00:22:57	01:13:56
166.	138.	201	Steinrötter	Tim Johannes	Freiwillige Feuerwehr Dorsten	97	Jugend A	3.	00:10:47	00:40:26	00:22:45	01:13:58
166.	29.	126	Rothe	Frauke	SV 13 Gladbeck	82	30	6.	00:00:00	00:51:04	00:22:54	01:13:58
168.	139.	289	Timmer	Eric		75	35	17.	00:09:42	00:41:27	00:22:53	01:14:02
169.	140.	388	Schmitz	Jörg	SC Bayer 05	65	45	37.	00:10:05	00:40:04	00:23:55	01:14:04
170.	141.	402	Pohl	Carsten		64	45	38.	00:10:33	00:39:21	00:24:13	01:14:07
171.	142.	425	Hilmer	Matthias	TV Steinforth-Rubbelrath	63	50	22.	00:10:36	00:39:03	00:24:32	01:14:11
172.	143.	454	Haefs	Werner	SC Bayer05 Triathlonaem	59	50	23.	00:11:54	00:39:35	00:22:43	01:14:12
173.	144.	490	Bernhardt	Joachim	Post SV Düsseldorf	48	65	2.	00:11:38	00:40:38	00:21:57	01:14:13
174.	145.	281	Niesen	Thorsten	JUST FIT Düsseldorf	77	35	18.	00:12:45	00:39:53	00:21:37	01:14:15
175.	30.	156	Schulz	Nina	VCS Köln	96	Jugend A	2.	00:10:33	00:35:33	00:28:10	01:14:16
176.	146.	271	Doffek	Alexander		79	30	14.	00:12:11	00:40:27	00:21:40	01:14:18
177.	147.	248	Lienemann	Julius		81	30	15.	00:10:15	00:40:09	00:23:56	01:14:20
178.	148.	492	Normann	Horst	SCSW Attendorn	48	65	3.	00:12:33	00:39:34	00:22:18	01:14:25
179.	149.	262	Philippen	Marc	Speck Attack	79	30	16.	00:09:37	00:42:41	00:22:08	01:14:26
180.	150.	384	Glaw	Marco		66	45	39.	00:10:40	00:39:09	00:24:39	01:14:28
181.	151.	335	Epstein	Patrick	Alfternative	69	40	25.	00:09:49	00:37:35	00:27:05	01:14:29
182.	152.	188	Plützer	Christian	Schneider Classic	71	40	26.	00:11:32	00:39:12	00:23:49	01:14:33

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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
182.	31.	134	Angenendt	Lucie	WTB-Sternenflotte	85	25	8.	00:06:26	00:43:09	00:24:58	01:14:33
184.	153.	496	Steuck	Siegbert	Tri Team FS Düsseldorf	44	65	4.	00:09:11	00:40:54	00:24:34	01:14:39
185.	154.	316	Schultze	Harri	DieHarris	71	40	27.	00:12:36	00:37:09	00:24:55	01:14:40
186.	32.	84	Selter	Sabine	TV Attendorf TRI-TIME	68	45	5.	00:10:26	00:40:27	00:23:53	01:14:46
187.	155.	480	Norbisrath	Gerd	TV Frisch Auf Lennep	53	60	4.	00:10:53	00:40:28	00:23:30	01:14:51
188.	156.	319	Janke	André	Der Willicher	71	40	28.	00:09:15	00:39:32	00:26:06	01:14:53
189.	157.	386	Korsten	Udo	Triathlon Waldfeucht	65	45	40.	00:00:00	00:51:12	00:23:42	01:14:54
190.	158.	344	Heider	Alexander	Blauer Delfin	69	40	29.	00:10:03	00:40:47	00:24:15	01:15:05
190.	33.	145	Bietenbeck	Franziska	Triathlon Punkt	87	25	9.	00:09:57	00:42:49	00:22:19	01:15:05
192.	159.	246	Range	Thomas		81	30	17.	00:10:01	00:38:03	00:27:12	01:15:16
192.	159.	173	Hohenstatt	Mario	Santander Team	83	30	17.	00:10:01	00:40:28	00:24:47	01:15:16
194.	161.	252	Märtens	Moritz		82	30	19.	00:11:23	00:37:27	00:26:27	01:15:17
195.	162.	376	Ley	Markus	ASV Süchteln	66	45	41.	00:11:32	00:39:16	00:24:30	01:15:18
196.	34.	63	Konert	Tina	SSK Kerpen	64	45	6.	00:09:50	00:41:25	00:24:07	01:15:22
197.	35.	133	Scholz	Annick	200PRO	84	25	10.	00:08:44	00:40:50	00:25:52	01:15:26
197.	163.	461	Goworek	Günter	NAC Duisburg	58	55	8.	00:09:02	00:42:38	00:23:46	01:15:26
199.	164.	183	Fenzke	Wolfgang	Santander Team	62	50	24.	00:09:59	00:41:12	00:24:16	01:15:27
200.	36.	52	Dorenbeck	Cornelia	VfS Büttgen	58	55	1.	00:09:04	00:40:50	00:25:35	01:15:29
201.	165.	185	Friesen	Mitja	Schneider Classic	92	20	4.	00:11:12	00:42:04	00:22:15	01:15:31
202.	166.	314	Greis	Thomas		71	40	30.	00:12:31	00:38:27	00:24:37	01:15:35
203.	37.	105	Markwort	Andrea	TV 1848 Mönchengladbach	75	35	9.	00:09:40	00:41:00	00:25:01	01:15:41
204.	38.	66	Hommers	Steffi	SC Wegberg, Abteilung Radsport	65	45	7.	00:10:10	00:39:30	00:26:02	01:15:42
205.	39.	115	Kolschewski	Ronny	Tri Team FS Düsseldorf	76	35	10.	00:09:58	00:41:59	00:23:54	01:15:51
206.	40.	54	Holland	Petra	Athletik Waldniel	60	50	1.	00:10:20	00:40:27	00:25:06	01:15:53
206.	167.	459	Fander	Michael Richard	Fander Team	59	50	25.	00:09:57	00:39:16	00:26:40	01:15:53
208.	168.	455	Stamm	Johannes	Honnefer Freunde	59	50	26.	00:09:36	00:41:37	00:24:41	01:15:54

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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
209.	169.	472	Selter	Uli	TV Attendorf TRI-TIME	57	55	9.	00:10:31	00:38:59	00:26:33	01:16:03
210.	170.	485	Kölzer	Ulrich	LT RENNHAMSTER	51	60	5.	00:11:37	00:40:37	00:23:54	01:16:08
211.	171.	272	Kreuzer	Benjamin		79	30	20.	00:09:41	00:41:45	00:24:52	01:16:18
212.	41.	60	Schäfer	Karin	SFD'75	61	50	2.	00:11:17	00:40:15	00:24:47	01:16:19
213.	42.	142	Zimny	Maggy	Mönchengladbacher TV	86	25	11.	00:10:21	00:42:16	00:23:44	01:16:21
214.	172.	285	Habbinga	Claas	TV Huchem-Stammeln	76	35	19.	00:10:58	00:40:41	00:24:56	01:16:35
215.	43.	81	Paulsen	Heike	TRC Essen 84	67	45	8.	00:10:30	00:00:00	01:06:07	01:16:37
215.	173.	415	Barkholz	Andreas	Henkel Ausbildung	67	45	42.	00:11:01	00:41:36	00:24:00	01:16:37
217.	174.	268	Gundlach	Oliver		79	30	21.	00:09:36	00:42:35	00:24:31	01:16:42
218.	175.	215	Rex	Marcel	Gurkentruppe	87	25	12.	00:11:24	00:43:26	00:22:08	01:16:58
219.	176.	347	Wahle	Markus	Baldeney-Lake-Racers	67	45	43.	00:10:10	00:39:29	00:27:21	01:17:00
219.	176.	367	Weltner	Thomas		67	45	43.	00:09:56	00:43:28	00:23:36	01:17:00
221.	44.	82	Gevers-Lohkamp	Petra	SV Gladbeck 13	68	45	9.	00:12:53	00:42:33	00:21:37	01:17:03
222.	178.	476	Schäfer	Wilhelm	SFD'75	57	55	10.	00:12:48	00:40:11	00:24:07	01:17:06
223.	45.	72	Jans	Sandra	TLV Germania Essen	67	45	10.	00:11:02	00:40:35	00:25:40	01:17:17
224.	46.	167	Knieling	Anke		81	30	7.	00:08:45	00:42:51	00:25:42	01:17:18
225.	179.	186	Cyran	Sven	Schneider Classic	91	20	5.	00:10:54	00:39:32	00:26:53	01:17:19
226.	180.	446	Kasenda	Alexander		61	50	27.	00:12:27	00:41:33	00:23:24	01:17:24
227.	181.	403	Minas	Ingo	sc Bayer 05 Uerdingen	64	45	45.	00:11:29	00:40:04	00:25:56	01:17:29
228.	182.	410	Knichala	Ulrich		64	45	46.	00:10:23	00:41:10	00:26:07	01:17:40
229.	183.	261	Adelhardt	Frank		79	30	22.	00:10:17	00:44:18	00:23:06	01:17:41
230.	184.	350	Malkowsky	Andre		68	45	47.	00:09:39	00:45:34	00:22:31	01:17:44
231.	47.	168	Niestradt-Budde	Sandra	NieBu Tri-Team Bochum	68	45	11.	00:11:25	00:39:46	00:26:39	01:17:50
232.	185.	204	Bayer	Jens		95	Junioren	1.	00:11:36	00:44:50	00:21:38	01:18:04
233.	186.	191	Münch Diekers	Thomas	Schneider Classic	65	45	48.	00:11:37	00:41:40	00:24:49	01:18:06
234.	187.	452	Ilsanker	Georg	Vaselino Quattro	60	50	28.	00:10:35	00:38:09	00:29:27	01:18:11

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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
235.	188.	237	Jansing	Georg	Elburger Pellwürstchen	84	25	13.	00:10:18	00:40:08	00:27:47	01:18:13
235.	188.	445	Katz	Alexander		61	50	29.	00:09:57	00:43:41	00:24:35	01:18:13
237.	190.	273	Holz	Johannes	XCOM AG	78	35	20.	00:11:34	00:40:12	00:26:33	01:18:19
238.	48.	80	Pagon	Ulrike	TV Attendorf TRI-TIME	67	45	12.	00:10:11	00:42:34	00:25:43	01:18:28
239.	191.	300	Higgins	Ronan		81	30	23.	00:14:34	00:40:06	00:23:50	01:18:30
240.	192.	357	Böckenkamp	Rainer		68	45	49.	00:11:59	00:41:42	00:24:53	01:18:34
240.	192.	190	Schneider	Thomas	Schneider Classic	67	45	49.	00:11:34	00:39:26	00:27:34	01:18:34
242.	49.	58	Gorgs	Anette	TuS Bösinghoven	61	50	3.	00:12:48	00:39:10	00:26:40	01:18:38
243.	50.	67	Greeven	Astrid	SC Bayer 05 Uerdingen	65	45	13.	00:10:39	00:39:19	00:28:47	01:18:45
244.	194.	466	Zangers	Roland	Asv Suechteln	58	55	11.	00:11:47	00:42:57	00:24:09	01:18:53
244.	51.	159	Wiesufer	Katja		77	35	11.	00:11:31	00:40:58	00:26:24	01:18:53
246.	195.	214	Siepe	Dominik	SC Bayer 05 Uerdingen	88	25	14.	00:11:20	00:42:42	00:24:53	01:18:55
247.	196.	216	Grosser	Christian		87	25	15.	00:10:28	00:44:27	00:24:01	01:18:56
247.	52.	88	Opheiden	Christiane	Freiläufer	70	40	2.	00:11:24	00:41:18	00:26:14	01:18:56
249.	197.	460	De Brouwer	Georg	RP Team Marathon	58	55	12.	00:11:55	00:42:48	00:24:20	01:19:03
250.	198.	313	Fasbender	Lutz		71	40	31.	00:11:35	00:37:51	00:29:38	01:19:04
251.	199.	193	Hübner	Thomas	Sport Club Itzehoe	80	30	24.	00:12:25	00:38:03	00:28:39	01:19:07
252.	200.	411	Geller	Frank		62	50	30.	00:14:06	00:40:59	00:24:04	01:19:09
253.	201.	489	Pollmann	Rainer		50	60	6.	00:12:35	00:42:33	00:24:08	01:19:16
254.	53.	65	Scherrers	Anne	Triathlon Waldfeucht	64	45	14.	00:12:03	00:42:34	00:24:41	01:19:18
254.	53.	83	Pfaffenhöfer	Annette		68	45	14.	00:09:27	00:43:34	00:26:17	01:19:18
256.	202.	358	Gawenda	Markus	SONIC	68	45	51.	00:10:33	00:40:35	00:28:15	01:19:23
257.	203.	230	Wiedemann	Michael	Triathlon Punkt	85	25	16.	00:11:15	00:40:42	00:27:28	01:19:25
258.	204.	267	Schäfer	Marc		79	30	25.	00:13:07	00:40:26	00:25:53	01:19:26
258.	204.	467	Trapp	Uwe	LT MG-Volksgarten	58	55	13.	00:11:14	00:41:59	00:26:13	01:19:26
260.	206.	297	Köch	Timm	TV Frisch auf Lennep	73	40	32.	00:10:13	00:45:28	00:23:57	01:19:38

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261.	55.	148	Jansing	Lara	Elburger Pellwürstchen	87	25	12.	00:08:52	00:43:03	00:27:50	01:19:45
261.	207.	481	Glasmacher	Günter	Holzheimer Sportgemeinschaft (53	60	7.	00:11:38	00:41:12	00:26:55	01:19:45
263.	56.	154	Pennekamp	Anna	Pennekamp	95	Junioren	1.	00:11:17	00:42:08	00:26:24	01:19:49
264.	208.	470	Gradtke	Dieter	ARAG Triathlon Team	58	55	14.	00:12:50	00:38:52	00:28:23	01:20:05
265.	209.	282	Knops	Frank	Verein Ratinger Kegler	77	35	21.	00:10:02	00:45:19	00:24:45	01:20:06
265.	209.	371	Niederle	Christian		67	45	52.	00:09:49	00:45:12	00:25:05	01:20:06
267.	57.	139	Fink	Franzi	LAZ Mönchengladbach	86	25	13.	00:09:12	00:42:59	00:27:56	01:20:07
268.	58.	122	Schlag	Nike	TG Neuss	80	30	8.	00:07:34	00:42:43	00:29:52	01:20:09
269.	211.	210	Bialek	Sebastian	KG Essen	90	20	6.	00:09:13	00:40:48	00:30:14	01:20:15
270.	59.	90	De Florio	Lucilla		70	40	3.	00:11:01	00:45:26	00:24:02	01:20:29
271.	212.	427	Bandilla	Dieter	TV Steinforth-Rubbelrath	63	50	31.	00:12:23	00:44:40	00:23:29	01:20:32
272.	213.	359	Wassermann	Oliver		68	45	53.	00:11:11	00:45:32	00:24:09	01:20:52
273.	60.	91	Schultze	Kerstin	DieHarris	71	40	4.	00:11:09	00:40:09	00:29:52	01:21:10
273.	60.	166	Gansweith	Janett	Schneider Classic	91	20	3.	00:11:37	00:42:28	00:27:05	01:21:10
275.	214.	275	Borowski	Andree		77	35	22.	00:11:38	00:44:54	00:24:41	01:21:13
276.	215.	249	Bussmann	Felix		81	30	26.	00:11:40	00:42:21	00:27:18	01:21:19
277.	216.	449	Grosser	Harald		61	50	32.	00:10:29	00:43:08	00:27:52	01:21:29
278.	217.	417	Voß	Herbert	Henkel Ausbildung	54	55	15.	00:12:37	00:42:27	00:26:27	01:21:31
279.	62.	163	Kosberg	Sabrina	Santander Team	89	20	4.	00:08:38	00:44:19	00:28:37	01:21:34
280.	218.	488	castenow	Dieter		50	60	8.	00:10:27	00:41:19	00:29:50	01:21:36
281.	219.	453	Maaßen	Johannes	Aquaworld Viersen Triteam	59	50	33.	00:11:55	00:41:11	00:28:38	01:21:44
282.	220.	394	Kelm	Jürgen		65	45	54.	00:10:59	00:45:42	00:25:05	01:21:46
283.	63.	69	Pitz-Clever	Natascha	Freiläufer	66	45	16.	00:10:10	00:41:20	00:30:19	01:21:49
284.	64.	94	Friedrich	Kerstin	Skinfit Team Krefeld	72	40	5.	00:11:19	00:42:44	00:27:54	01:21:57
285.	65.	87	Siegler	Ursel		69	40	6.	00:09:16	00:42:31	00:30:13	01:22:00
286.	221.	244	Tepel	Dennis		82	30	27.	00:12:07	00:43:44	00:26:15	01:22:06

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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AK\Platz	Schwimmen	Rad	Lauf	Endzeit
286.	66.	92	Daniel	Angelika		71	40	7.	00:11:52	00:41:50	00:28:24	01:22:06
288.	222.	239	Mannaße	Thilo		83	30	28.	00:12:34	00:43:15	00:26:22	01:22:11
289.	67.	85	Moers	Angelika	Flat Land Runners Korschenbroi	68	45	17.	00:11:26	00:43:58	00:26:54	01:22:18
290.	223.	363	Emminger	Thomas	Bunert After Work Tri Team Dor	67	45	55.	00:14:20	00:44:35	00:23:36	01:22:31
290.	68.	161	Tastet	Anne-Lise	Santander Team	81	30	9.	00:12:00	00:42:56	00:27:35	01:22:31
292.	69.	62	Esser	Martina	ERC Erkelenz	63	50	4.	00:13:57	00:39:40	00:29:04	01:22:41
293.	224.	263	Hendricks	David	Verein Ratinger Kegler	79	30	29.	00:11:51	00:45:15	00:25:39	01:22:45
294.	225.	463	Verheyden	Dietmar		58	55	16.	00:11:57	00:44:36	00:26:19	01:22:52
295.	226.	393	Disl	Thiemo		65	45	56.	00:11:26	00:46:46	00:24:42	01:22:54
296.	227.	178	Helmgens	Peter	Santander Team	65	45	57.	00:11:33	00:44:46	00:26:51	01:23:10
297.	228.	389	hölscher	detlef	lc bomb	65	45	58.	00:11:26	00:45:01	00:26:47	01:23:14
298.	229.	236	Drath	Sebastian		84	25	17.	00:11:44	00:45:55	00:25:38	01:23:17
299.	230.	468	Kiefaber	Wolfgang	TV Steinforth- Rubbelrath 1974	58	55	17.	00:14:11	00:45:30	00:23:44	01:23:25
300.	231.	377	Sistemich	Gereon		66	45	59.	00:12:12	00:41:27	00:29:57	01:23:36
301.	232.	475	O'Brien	John	Jolly Wheelers	57	55	18.	00:13:06	00:41:43	00:28:57	01:23:46
301.	70.	130	Schäffer	Anne		84	25	14.	00:10:21	00:45:10	00:28:15	01:23:46
303.	71.	164	Stolle	Mara	Santander Team	90	20	5.	00:12:08	00:45:53	00:25:47	01:23:48
304.	233.	299	Striemer	Martin		73	40	33.	00:11:38	00:44:54	00:27:25	01:23:57
305.	234.	232	Kolot	Georg		84	25	18.	00:10:07	00:46:34	00:27:17	01:23:58
306.	72.	149	Groll	Katharina		88	25	15.	00:09:15	00:44:45	00:30:06	01:24:06
307.	235.	206	Dirnberger	Robert		93	20	7.	00:10:17	00:47:28	00:26:22	01:24:07
308.	236.	251	Bauerdick	Christian	KugelblizzZe	81	30	30.	00:11:14	00:43:21	00:29:37	01:24:12
309.	73.	89	Fleck-Hell	Nicole	Surfsport Rheinhausen	70	40	8.	00:11:18	00:45:31	00:27:27	01:24:16
310.	237.	428	Steinert	Dirk		63	50	34.	00:11:20	00:43:47	00:29:14	01:24:21
311.	74.	76	Sommer	Laura		67	45	18.	00:14:02	00:43:49	00:26:31	01:24:22

17. Willicher Triathlon
 Volkstriathlon (500 m / 20 km / 5 km)
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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AK\-Platz	Schwimmen	Rad	Lauf	Endzeit
312.	238.	435	Niemann	Markus	Aquaworld TriTeam	63	50	35.	00:09:52	00:47:23	00:27:18	01:24:33
312.	75.	150	Sollfrank	Katrin	DSC Kaiserberg	89	20	6.	00:08:26	00:47:06	00:29:01	01:24:33
314.	239.	337	Nideggen	Jan	TV Schiefbahn Turnen	69	40	34.	00:12:23	00:45:09	00:27:05	01:24:37
315.	240.	383	Hannemann	Jörg	Aqua World Viersen Triteam	66	45	60.	00:11:20	00:44:21	00:28:58	01:24:39
316.	241.	451	Carulla	Pablo	Carulla Hausverwaltung	60	50	36.	00:12:03	00:45:47	00:26:53	01:24:43
317.	76.	78	Feldmann	Karin	DLC Aachen	67	45	19.	00:11:04	00:45:33	00:28:14	01:24:51
318.	77.	128	Meier	Stephanie		83	30	10.	00:10:19	00:42:27	00:32:09	01:24:55
319.	78.	165	Cyran	Gaby	Schneider Clasic	66	45	20.	00:12:11	00:42:44	00:30:13	01:25:08
320.	79.	56	FRANSSEN	Georgette	TRITEAM EUPEN	60	50	5.	00:12:07	00:48:10	00:25:02	01:25:19
321.	80.	51	FREUND	Emily	TGNEUSS	53	60	1.	00:00:00	00:57:33	00:27:59	01:25:32
322.	81.	155	Nellessen	Kathrin	SG Neukirchen-Hülchrath	96	Jugend A	3.	00:11:45	00:46:15	00:27:33	01:25:33
323.	82.	100	Wagner	Katrin	Nettetal	76	35	12.	00:11:12	00:47:39	00:26:56	01:25:47
324.	83.	64	Steffens	Marion	SSK-Kerpen e.V	64	45	21.	00:10:11	00:46:06	00:29:32	01:25:49
325.	242.	329	Rögels	Horst		70	40	35.	00:11:39	00:45:28	00:28:52	01:25:59
326.	243.	208	Koch	Julian		92	20	8.	00:13:16	00:46:42	00:26:13	01:26:11
327.	244.	444	Otto	Stephan		61	50	37.	00:12:37	00:48:09	00:25:42	01:26:28
328.	245.	276	Hüppe	Matthias		77	35	23.	00:11:08	00:49:40	00:25:52	01:26:40
329.	246.	321	Luncz	Thomas		71	40	36.	00:11:08	00:50:07	00:25:32	01:26:47
330.	84.	99	Pohl	Petra	TV Vorst	73	40	9.	00:11:17	00:44:32	00:31:03	01:26:52
331.	85.	199	Terwedow	Melanie		85	25	16.	00:12:32	00:45:09	00:29:14	01:26:55
332.	247.	274	Brake	Kolja		78	35	24.	00:13:52	00:45:43	00:27:25	01:27:00
333.	86.	68	Valdor	Ingeborg		66	45	22.	00:12:08	00:46:06	00:28:49	01:27:03
334.	248.	498	Heimeroth	Jürgen		41	70	1.	00:12:55	00:44:22	00:30:00	01:27:17
335.	249.	258	Weinknecht	Jonas		80	30	31.	00:10:24	00:48:39	00:28:36	01:27:39
336.	87.	113	Nolden	Dorothee		78	35	13.	00:12:24	00:48:56	00:26:21	01:27:41
337.	250.	295	Wassenberg	Marcus	Osterather TV	74	35	25.	00:11:35	00:44:04	00:32:40	01:28:19

17. Willicher Triathlon
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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
338.	88.	116	Weber	Nicole		79	30	11.	00:09:29	00:48:04	00:30:48	01:28:21
339.	251.	234	Nottelmann	Gerrit	WTB-Sternenflotte	84	25	19.	00:08:11	00:47:50	00:32:21	01:28:22
340.	89.	77	Dönni	Nicole	SC Bayer 05 Uerdingen	67	45	23.	00:11:48	00:46:32	00:30:19	01:28:39
341.	90.	79	Kersting	Janet	Die K&K's	67	45	24.	00:12:38	00:47:23	00:28:48	01:28:49
342.	91.	111	Warbrick	Tracy		77	35	14.	00:10:25	00:47:15	00:31:11	01:28:51
343.	252.	464	Pennekamp	Rainer	Pennekamp	58	55	19.	00:15:10	00:47:15	00:26:28	01:28:53
344.	92.	136	Tomaschewsky	Hanja	Team Triathlon Punkt	85	25	17.	00:11:34	00:50:10	00:27:39	01:29:23
345.	253.	431	Cyprian	Andreas	Honnefer Freunde	63	50	38.	00:10:03	00:48:36	00:30:54	01:29:33
346.	254.	242	Willigens	Magnus		82	30	32.	00:12:35	00:49:03	00:28:03	01:29:41
347.	93.	57	GTeißler-Engels	Claudia		60	50	6.	00:12:07	00:47:31	00:30:07	01:29:45
348.	94.	102	Erne	Ulrike		74	35	15.	00:10:15	00:49:07	00:30:40	01:30:02
349.	255.	175	Perez Angarita	Julian	Santander Team	79	30	33.	00:11:55	00:50:47	00:27:26	01:30:08
350.	256.	487	Mombauer	Norbert	TV Blecher	50	60	9.	00:00:00	01:04:27	00:26:11	01:30:38
351.	257.	437	Buchner	Jens		62	50	39.	00:12:57	00:47:33	00:30:23	01:30:53
352.	258.	407	Hackstein	Gernot	TV Schiefbahn	64	45	61.	00:11:40	00:44:37	00:35:05	01:31:22
353.	259.	408	Brockof	Peter		64	45	62.	00:11:52	00:53:02	00:26:36	01:31:30
354.	260.	264	Maring	Thomas		79	30	34.	00:11:20	00:49:26	00:30:50	01:31:36
355.	95.	162	Alarcon Torres	Inma	Santander Team	82	30	12.	00:11:54	00:51:31	00:28:32	01:31:57
356.	96.	114	Schmitz	Daniela		78	35	16.	00:12:16	00:49:52	00:30:03	01:32:11
357.	97.	55	Leers	Claudia	TV Frisch Auf Lennep	60	50	7.	00:11:28	00:51:15	00:29:32	01:32:15
358.	98.	73	Hübner	Ute	TV Frisch auf Lennep	67	45	25.	00:12:37	00:50:30	00:29:21	01:32:28
359.	261.	495	Braun	Stefan	Tristar Oelde	45	65	5.	00:13:57	00:45:01	00:33:40	01:32:38
360.	262.	418	Przybilla	Helmut	Henkel Ausbildung	43	70	2.	00:14:41	00:46:28	00:31:53	01:33:02
361.	263.	479	Schwalenberg- Angenen	Dirk	WTB-Sternenflotte	53	60	10.	00:11:02	00:51:25	00:30:58	01:33:25
362.	264.	328	Gonscherowski	Peter		70	40	37.	00:10:07	00:55:18	00:28:10	01:33:35
363.	265.	265	Kornek	Sven		79	30	35.	00:12:42	00:52:43	00:28:58	01:34:23

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 Volkstriathlon (500 m / 20 km / 5 km)
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Platz Gesamt	Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
364.	99.	132	Boese	Maike		84	25	18.	00:09:02	00:53:29	00:32:48	01:35:19
365.	100.	123	Gruber	Cornelia		81	30	13.	00:13:00	00:55:15	00:27:44	01:35:59
366.	101.	53	O'Brien	Jeanette		59	50	8.	00:12:43	00:50:40	00:33:31	01:36:54
367.	266.	497	Bönsch	Karl		43	70	3.	00:13:01	00:49:43	00:36:12	01:38:56
368.	102.	98	Fasbender	Ela		73	40	10.	00:15:40	00:50:59	00:32:37	01:39:16
369.	267.	387	Mathar	Otto	SSK Kerpen e.V.	65	45	63.	00:12:12	00:47:45	00:39:39	01:39:36
370.	268.	483	Höfgen	Wilfried		53	60	11.	00:13:16	00:51:54	00:35:03	01:40:13
371.	103.	70	Schmidt	Christa	TV-Frisch Auf Lennep	66	45	26.	00:16:13	00:54:22	00:31:09	01:41:44
372.	269.	499	Schipke	Jochen D	DUC Düsseldorf	39	70	4.	00:15:39	00:52:07	00:33:59	01:41:45
373.	270.	373	Hossbach	Christof		66	45	64.	00:18:13	00:56:47	00:27:06	01:42:06
374.	104.	144	Brandenburg	Anna		86	25	19.	00:11:57	01:02:56	00:27:36	01:42:29
375.	271.	225	Hofheinz	Marcel		85	25	20.	00:15:50	00:53:50	00:33:04	01:42:44
376.	272.	491	Scholz	Dagobert	TV Steinforth-Rubbelrath	48	65	6.	00:17:19	00:54:15	00:34:18	01:45:52
377.	105.	59	Brandenburg	Birgitt	TVK 1877 Essen	61	50	9.	00:13:06	00:59:49	00:33:24	01:46:19
378.	106.	71	Oeffelke	Dagmar		66	45	27.	00:17:47	00:57:31	00:40:10	01:55:28
.	.	176	Holkott	Thomas	Santander Team	67	45	.	00:09:30	00:38:24	00:00:00	Aufgabe - La
.	.	341	Bachmann	Jörg	Xcom AG	69	40	.	00:10:13	00:00:00	00:00:00	Aufgabe - Ra